September 2023

Nutrition Services – Marion County

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	6
					Beef Macaroni 01 Green Beans Cauliflower Apple Slices Milk	<section-header><section-header><text><text><text><text><text><text></text></text></text></text></text></text></section-header></section-header>
	CLOSED 04	BBQ Pulled Pork 05 Roasted Sweet Potatoes Sweet Corn Fruit Mix Whole Grain Bun Milk	Lasagna & Meat Sauce 06 Wax Beans Broccoli Mandarin Oranges Milk	Pulled Chicken 07 Tomato Soup Cole Slaw Fruit Cocktail Whole Grain Bun Milk	Chicken & Dumplings 08 Mashed Potatoes Cooked Baby Carrots Applesauce Yeast Dinner Roll Milk	
	Sliced Turkey Breast 11 Roasted Corn Black Beans Peaches Whole Grain Bun Milk	Beef Stew 12 Mashed Potatoes Cooked Baby Carrots Fruit Mix Whole Grain Roll Milk	Roasted Veg. Lasagna 13 Cooked Spinach Yellow Squash Fruit Cocktail Milk	Shredded Beef 14 Stuffed Pepper Soup Red Skin Potato Salad Citrus Salad Whole Wheat Bun Milk	Alaskan Pollock 15 Scalloped Potatoes Broccoli Mandarin Oranges Yeast Dinner Roll Milk	
	Burger18Baked BeansSweet CornApple SlicesWhole Grain BunMilk	Meatloaf 19 Mashed Potatoes Cooked Carrots Fruit Mix Yeast Dinner Roll Milk	Grilled Chicken Seasoned Potatoes Broccoli Mandarin Oranges Yeast Dinner Roll Milk	Philly Beef Steak 21 Vegetable Soup Carrots Pineapple Whole Grain Hot Dog Bun Milk	Mac & Cheese 22 Peas Capri Veggie Blend Peaches Milk	
	Chicken Patty 25 Mashed Sweet Potatoes Broccoli Mandarin Oranges Whole Grain Bun Milk	Beef Cubes 26 Mashed Potatoes Peas & Carrots Fruit Salad Whole Grain Roll Milk	Chicken Tenders Italian Green Beans Crinkle Cut Carrots Fruit Mix Yeast Dinner Roll Milk	Turkey Ham Potato Soup Cucumber Salad28Mandarin Oranges Whole Grain Bun Milk100	Taco Meat 29 Pinto Beans Rice Pineapple Taco Shells Milk	