

October

2023

Nutrition Services – Marion County

MONDAY

Turkey Frank Sweet Potato Puffs Sweet Corn Fruit Mix Hot Dog Bun Milk	02
Pulled BBQ Pork Roasted Corn Black Beans Fruit Mix Whole Grain Bun Milk	09
Breaded Chicken Breast Roasted Root Veggies Brussel Sprouts Fruit Cocktail Whole Grain Bun Milk	16
Chicken Tenders Roasted Corn Black Beans Apple Slices Yeast Dinner Roll Milk	23
Chicken Patty Sweet Corn Broccoli Mandarin Oranges Whole Grain Bun Milk	30

TUESDAY

Alaskan Pollock Scalloped Potatoes Broccoli Mandarin Oranges Yeast Dinner Roll Milk	03
Polish Sausage Mashed Potatoes Capri Veggie Blend Peaches Whole Grain Roll Milk	10
Beef Cubes Mashed Potatoes Diced Carrots Fruit Salad Whole Grain Roll Milk	17
Turkey w/ Gravy Mashed Potatoes Sugar Snap Peas Fruit Cocktail Whole Grain Roll Milk	24
Lasagna Italian Green Beans Cooked Baby Carrots Fruit Mix Whole Grain Roll Milk	31

WEDNESDAY

Beef Macaroni w/ Marinara Sauce Italian Green Beans Peaches Whole Grain Roll Milk	04
Grilled Chicken Roasted Sweet Potatoes Broccoli Pineapple Yeast Dinner Roll Milk	11
Taco Meat Roasted Corn Pinto Beans Pineapple Corn Taco Shell Milk	18
Chicken Meatballs w/ Marinara Sauce Italian Green Beans Pineapple Hot Dog Bun Milk	25

THURSDAY

Burger Creamy Chkn. Noodle Soup Cole Slaw Fruit Cocktail Whole Grain Bun Milk	05
Sliced Turkey Vegetable Soup Cole Slaw Fruit Cocktail Whole Grain Bun Milk	12
Burger Tomato Soup Cucumber Slices Fruit Mix Whole Grain Bun Milk	19
Fish Sandwich Potato Soup Tossed Romaine Salad Mandarin Oranges Whole Grain Bun Milk	26

FRIDAY

Ham Baked Beans Crinkle Cut Carrots Pineapple Whole Grain Roll Milk	06
Cheese Pizza Cooked Baby Carrots Green Beans Apple Slices Milk	13
Egg Omelet Seasoned Potatoes Fruit/Veggie Juice Peaches Banana Muffin Milk	20
Sweet & Sour Chicken Brown Rice Crinkle Cut Carrots Midori Veggie Blend Peaches Milk	27

News

NOTE: Due to supply chain issues, menu items may not be available in time for delivery. Substitutions will be made as appropriate. Thank you for your patience during this difficult time

To Make or Cancel Reservations:

419-447-5792

or

740-387-0401

